

Where Now? – CORSHAM

<p>Bridge Project Bridge House Stallard Street Trowbridge BA14 9AE Tel: 01225 358564 Email: www.thebridgeproject.org.uk</p>	<p>Independent mental health project, providing support to people who experience or have experience of emotional distress. Information, support, advice, social support groups including ethnic minority and women's groups.</p>
<p>Citizens Advice Bureau Corsham Community Centre 3 Avon Reach Tel: 0845 1203707 Beechfield Road, Chippenham Opening Times: Wed 10-1 Mon, Tue, Thur, Fri 10-13.00</p>	<p>Providing advice on a wide range of issues including housing, finance, employment and some legal issues. Specialist worker for people on probation</p>
<p>Connexions Unit 1, Avon Reach Monkton Hill Chippenham SN15 1EE Tel.01249 449900</p>	<p>Links with agencies available for young people including counselling, employment and school</p>
<p>MIND 22 High Street Calne SN11 0BS Tel: 01249 814447 Fax: 01249 822252 Email: wiltshire_mind@hotmail.com</p>	<p>Wide range of local and national information about any aspect of mental health. Advocate and befriending schemes. Drop-ins run in Corsham Family Health Centre on Tuesdays from 2-5pm.</p>
<p>National Debt Line Freephone 080880840000</p>	
<p>Wiltshire Law Centre Contact: Tracey Goodwin Tel:01793 486926</p>	<p>Advice and representation on Welfare Benefit, Housing, Employment Law and Immigration. Training provided in specialist areas of law.</p>
<p>Wiltshire Racial Equality Council Bridge House, Stallard Street Trowbridge BA14 9AE www.wiltsrac.org.uk Tel.01225 766439</p>	<p>Working towards elimination of racial discrimination and promote equality of opportunity and good relations between people of different groups. Information, advocacy and support groups</p>
<p>Relate 24a Church Street Trowbridge BA14 8DY Tel:01225 765310 www.relate.org.uk</p>	<p>Relationship counselling, counselling for parents, and counselling for young people aged 10-25yrs, relationship education and training</p>
<p>The Harbour 30 Frogmore Street Bristol BS1 5NA Tel: 0117925 9348 www.the-harbour.co.uk</p>	<p>A free and professional counselling and psychotherapy for people affected by a physical life-threatening illness</p>
<p>Gingerbread Tel:0207 488 9300</p>	<p>Support for lone parents& children. Offers discounts for places of attraction & holidays</p>
<p>Gay & lesbian Advisory Network The Wiltshire & Swindon Lesbian and Gay Policing Initiative Freepost (SCE 9895) Devizes SN10 2YZ Tel;01722 415051 7.30-10pm Wednesday</p>	
<p>Farm Crisis Network Rural Stress Network Holsmart Centre, Holsworthy Livestock Centre, Under Lane, Holsworthy EX22 0BL Contact: James Morrish Tel: 01409 259146</p>	<p>Local contact in Wiltshire providing information service to farmers, and link with the Citizen Advice Bureau, Samaritans and other agencies</p>

<p>Springfield Leisure Centre Beechfield Road Corsham Tel:01249 712846 www.nwll.co.uk</p>	<p>The Olympiad Monkton Park Chippenham 01249 444144</p>	<p>Offers a range of daytime and evening classes, health suite and crèche (at Chippenham).</p>
<p>Wiltshire College 26 Martingate Centre Corsham Tel: 01249 715036 Email: info@wiltscoll.ac.uk</p>	<p>Cocklebury Rd Chippenham Tel: 01249 464644</p>	<p>Offers 100 different full-time and 2,000 part-time courses! From Horticulture to Web Design and from Jewellery Making to Reflexology. Courses take place across 12 college sites in North and West Wiltshire (some are listed below) as well as local centres</p>
<p>WEA (Workers Educational Association) www.wea.org.uk E-mail: southwest@wea.org.uk</p>		<p>A democratic voluntary adult education movement, classes held in local venues, covering Swindon, Wiltshire and BANES</p>
<p>University of Third Age U3A North Wilts 24 Chestnut Road Chippenham SN14 0EY Tel:01249 657 129</p>		<p>The University of the Third Age, or “U3A”, is a worldwide movement encouraging older people in the “third age” of life (after full time employment usually with retirement and senior citizen status) to take up or continue educational and other interests in friendly and informal settings. No qualifications are required to join – and no qualifications or degrees awarded. Members are encouraged to see the value and take pleasure in learning for its own sake.</p>
<p>Residents Handbook & Corsham Town Guide</p>		<p>Available from Tourist Information. Lists most local clubs/activities from chess and kite flying to motor cycling</p>
<p>Training For Life The Shaftesbury Centre, Percy Street, Swindon SN2 2AZ Tel:01793 514 055 ext4808 E.mail:livopt@scamp.org.uk</p>		<p>Aims to provide education, training, and personal development opportunities for carers and people who have a disability aged 18plus in Swindon, Kennet & N. Wilts.</p>
<p>Council for Voluntary Services (CVS) North Wiltshire, 3 - 4 New Road, Chippenham SN15 1EJ. Tel: 01249 654089 Fax: 01249 767288</p>		<p>Offering advice information and training to individuals on all aspects of volunteering</p>
<p>Voluntary Action Kennet Office D 12 River Street Pewsey SN9 5DH Tel:01672 564140/ 01392 490970 www.voluntary-action-kennet.org.uk SUPPORT FOR FAMILIES IN KENNET PROJECT Contact Margaret West Tel:01672 546140</p>		<p>Aims to provide a vast range of local contacts across areas</p> <p>Provides a newsletter and contact for facilities and services available for children aged 5-12 years</p>
<p>Beating the Blues Chippenham Library Timber St Chippenham SN15 3EJ Tel: 01249 650536</p>	<p>Times: Mon 10am-7pm Tues 9am-4pm Thurs, Fri 9.30am-7pm</p>	<p>An easy- to- use, computerised Cognitive Behavioural Therapy for people with anxiety and depression. This eight session program provides clients with a structure for developing coping strategies. The service can be accessed via a referral from health professionals or self-referred, and appointments are booked via the venues.</p>