

Other sources of information

Pathfinder Service website

www.awp.nhs.uk/services/inpatient/woefmhs/?tabid=4409

Service user group websites

www.emergenceplus.org.uk

Sites on personality disorder

www.personalitydisorder.org.uk

www.nhs.uk/conditions/personality-disorder

Helplines:

Samaritans

Helpline – 08457 90 90 90

The Samaritans is a 24 hour day phone line which provides confidential and emotional support for people who are in crisis.

Bristol crisis service for women

Helpline- 01179251119

(Fri-Sat. 9pm-12.30am, Sun. 6-9pm)

www.users.zetnet.co.uk/bcsw

Mental health organisations

MIND is a mental health charity in England and Wales which offers fact sheets on a variety of mental health conditions.

www.mind.org.uk

Rethink is a mental health charity which provides fact sheets on personality disorder.

www.rethink.org

Contact us

Team Administrator
Pathfinder Service
Fromeside
Blackberry Hill Hospital
Manor Road
Fishponds
Bristol BS16 1EG
Telephone: **0117 3784123**

For more information about Trust services visit

www.awp.nhs.uk

PALS

To make a comment, raise a concern or make a complaint, please contact the Trust's Patient Advice and Liaison Service (PALS)

Tel: 01249 468261
Freephone: 0800 073 1778
Email: awp.pals@nhs.net

Other formats and languages

If you need this information in other formats (such as large print, audio, Braille) or in another language, please call the PALS number.

Lead: Team Leader
Leaflet code:AWPNov2009-213
Last reviewed: June 2013
Next review June 2016

Avon and Wiltshire 
Mental Health Partnership NHS Trust

Pathfinder Service

**Specialist forensic
personality disorder
service.**

This leaflet is for people who have been referred to the Pathfinder Service or who are considering referral to the service.

You matter, we care

What is the Pathfinder Service?

Pathfinder is an outpatient service that offers specialist support for men and women with a diagnosis of personality disorder who have had contact with the police or who are at risk of getting into trouble with the police.

The service is based at the Fromside Clinic, Blackberry Hill Hospital, Fishponds, Bristol.

What is personality disorder?

People with a personality disorder sometimes have feelings and thoughts that lead them to behave in ways that cause problems within their lives; such as in their relationships and with work.

This can be upsetting and, as a result, people with a personality disorder may do things such as self-harm, harm others or act in ways that get them into trouble with the police.

Who are we?

We are a team of healthcare professionals including: psychologists, therapists, nurses, occupational therapists and psychiatrists.

We have expertise in treating people with personality disorders who have committed or who are at risk of committing crimes.

Who can refer to the Pathfinder Service?

Referrals can be made to the Pathfinder Service by:

- your GP
- other hospitals or units
- your Community Mental Health Team
- Mental Health Teams working in prison.

Referrals can also be made to the team via the Criminal Justice service, such as from the courts or probation service.

What do we do?

We offer assessments, advice and treatment as an outpatient service.

We work with people who are trying to help themselves and with those referred as part of a probation order.

Treatments include talking therapies, usually on a one to one basis. We also offer other types of therapy such as music therapy.

If you need help with day to day demands, we can offer support for things such as managing money, finding new interests and getting back to work.

At the moment, we don't offer crisis cover, but we will work with you to plan how to handle a crisis and how to seek help when you need it.

Any other questions?

Please speak to the person who has referred you to our team; or you can contact our team administrators on 0117 3784123 and they will find the right person to answer your question.