

What happens when I leave hospital?

When you leave hospital, your GP surgery should be able to help you with most questions about your health.

Contact us

UHB/ NBT Later Life Mental Health Service
Donal Early House
Southmead Hospital
Bristol
BS10 5NB
Tel: **01174 146 589**

UHB/NBT Later Life Mental Health Service
Bristol Royal Infirmary
Level 2, Old Building, Upper Maudlin Street,
Bristol, BS2 8HW
Tel: **0117 3422342**

PALS

To make a comment, raise a concern or make a complaint, please contact the Trust's Patient Advice and Liaison Service (PALS)

Tel: 01225 362900
Free phone: 0800 073 1778
Email: awp.pals@nhs.net

Other formats and languages

If you need this information in other formats (such as large print, Braille) or in another language, please call the PALS number.

Lead: Team manager
Leaflet code: AWP-290
Approval date: Aug 2013
Review due: Aug 2016



Avon and Wiltshire
Mental Health Partnership
NHS Trust

Bristol Hospitals Later Life Mental Health Service

A guide for patients and carers

you matter, we care

Coming into hospital can be very stressful. No matter how good your treatment is, there can be many difficult things to cope with.

When people are physically ill, it is quite common to also have emotional or psychological difficulties, such as low mood, anxiety and/ or confusion.

Some people in hospital can also have some unusual psychological experiences, such as seeing things that aren't there, having "dreams" while awake, hearing voices, or sometimes having very disturbing thoughts.

Whilst some of these go away on their own or improve after the physical illness is successfully treated, some people need additional treatment and support.

How we can help

The Later Life Hospital Mental Health Liaison Team is a small team of specialist doctors and nurses who give this kind of support.

If you've been given this leaflet, it's likely that ward staff have asked us for help and advice in supporting you.

Where do we work?

We see patients in

- Bristol Royal Infirmary
- Southmead Hospital
- South Bristol Community Hospital

We always involve the patient and where possible family members and carers in the assessment and treatment plan.

What will happen next

We try to work with you as soon as possible after you have been referred.

We start by looking into what the problem is, what you need and how best to help.

This normally involves at least one discussion with you.

In any discussions we will be always respect your wishes and needs. You are free to ask any questions or raise any concerns.

We may also want to talk to your family members, carers or others involved.

If you have any questions, we will always listen and help in any way we can.