

## Contact us

For advice or more information, please talk to your care co-ordinator.

For information on Trust services, visit [www.awp.nhs.uk](http://www.awp.nhs.uk)

## PALS

To make a comment, raise a concern or make a complaint, please contact the Trust's Patient Advice and Liaison Service (PALS)

Tel: 01225 362900  
Free phone: 0800 073 1778  
Email: [awp.pals@nhs.net](mailto:awp.pals@nhs.net)

## Other formats and languages

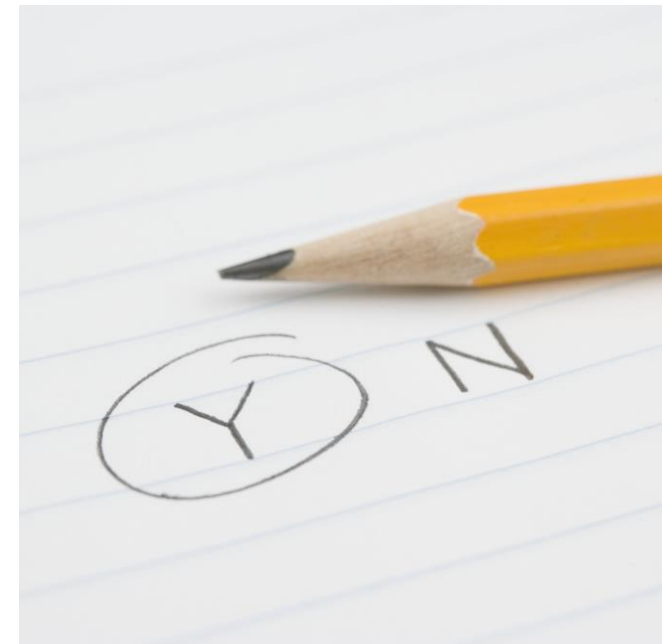
If you need this information in other formats (such as large print, Braille) or in another language, please call the PALS number.

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Avon and Wiltshire  
Mental Health Partnership  
NHS Trust

# Your rights for psychological assessment and therapy at Fromeside



you matter, we care

## Before...

*you decide to agree to psychological assessment or therapy, you have the right to know..*

- **the purpose** (why you are being offered the assessment or treatment)
- **the nature** (what it will involve)
- **the effects** (how it may influence future care)
- **the risks** (such as being less successful than you wanted or bringing up difficult feelings).
- **that consent is voluntary** (under your control, and you can withdraw your agreement at any time).
- **the consequences** of not agreeing to treatment. This may affect your length of stay or your being able to have leave. We will discuss this with you.
- **there are limits to confidentiality** (information will be shared with the team to help develop your care pathway.)

## During...

*psychological assessment or treatment you have the right to ..*

- **not answer any questions** which you find difficult (although this may make it a little harder to develop a treatment plan and may affect how long you stay in hospital).
- **ask to leave a session early**
- **ask to cancel a session** but it is helpful if you do this as early as possible before your next session
- **Talk to a member of staff** if you feel you cannot work with a particular psychologist for any reason.

## After...

*psychological assessment or treatment you have the right to know..*

- **what information will be shared** with other members of your care team and any other professionals involved in your care.

