

THE LAW

- Many Novel Psychoactive Substances (NPS) are controlled substances under the Misuse of Drugs Act (1971).
- 2CB and other substances that come under the '2C' variations, are Class A drugs, which means they are illegal to possess, sell or give away.
- Possession can result in prosecution and up to a seven year prison sentence or an unlimited fine.
- Supplying someone else, even your friends, can result in a life sentence or an unlimited fine.
- Being convicted of a drug-related offence could have a serious impact on your future. This could affect the types of jobs you apply for and stop you from entering some countries.



CONTACT INFORMATION

If you would like support around your substance use, please complete a self-referral form and return to Health Care.

PALS

To make a comment, raise a concern or make a complaint, please contact the Trust's Patient Advice and Liaison Service (PALS).

Tel: 01249 468261

Freephone: 0800 073 1778

Email: awp.pals@nhs.net

OTHER FORMATS OR LANGUAGES

If you need this information in other formats (such as large print, Braille) or in another language, please call PALS

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HMP BRISTOL
Substance Misuse Team

2CB

Know the effects



WHAT IS 2CB

- 2CB is a man-made drug that is usually in the form of a capsule, tablet or occasionally powder.
- It has a variety of names such as 2C, 2CT-7, 7th Heaven, 7-up, Beautiful, Blue Mystic, Lucky 7 and Tripstasy.
- 2CB comes under the '2C' family of psychedelics and hallucinogens.
- It may be sold as a 'club drug' that mimics the effects of ecstasy and LSD.



EFFECTS

- 2C drugs have psychedelic, hallucinogenic and stimulant effects.
- Users report an energy buzz with feelings of alertness and being in tune with surroundings.
- The more you take, the more intense and uncontrollable the experience will be.
- Effects usually last from two to four hours but sometimes longer.
- 2CB can cause serious delusions due to their hallucinogenic effects.
- They may cause headaches, nausea and vomiting.
- At high doses, users can get confused and agitated.

THE RISKS

- Long-term use can make underlying mental health problems worse, such as depression and schizophrenia.
- Reports of immediate effects include panic attacks and acute psychosis.
- There is evidence that 2C compounds can powerfully over-stimulate the heart and circulation.
- It is not yet known if they cause any long-term damage but there have been reports of hospitalisations associated with use of these types of drugs.

Don't Risk It