

To contact us

We can be contacted on the following number(s) 9am – 5pm:

South Office: **0117 378 4611/4621**

North Office: **01454 271000**

For medical emergencies dial 999

Contact

South Glos Recovery Service
Cedar House, Blackberry Hill Hospital
Fishponds
Bristol, BS16 2EW

For information on Trust Services visit
www.awp.nhs.uk

PALS

To make a comment, raise a concern or make a complaint, please contact the Trust's Patient Advice and Liaison Service (PALS)

Tel: 01225 362900

Free phone: 0800 073 1778

Email: awp.PALS@nhs.net

Other formats and languages

If you need this information in other formats, such as large print, Braille or in another language, please call the PALS number.

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**Avon and Wiltshire
Mental Health Partnership**
NHS Trust

Reproductive & Sexual Health

**Information for people
transferred to the recovery
service and those who
support them**

What is reproductive and sexual health?

This is the area of medicine which is about helping people to plan their families and to have safe pregnancies and childbirth.

It aims to help people have the freedom to decide if, when and how often they wish to have children. Another aim is to help people have responsible, safe and satisfying sexual lives.

These are some of the areas covered by Reproductive & Sexual Health:

- Contraception
- Family planning
- Pregnancy – planned and unplanned
- Sexually Transmitted Infections (STDs)
- Sexual issues e.g. erectile dysfunction

Why am I being given this leaflet?

Reproductive and Sexual Health issues affect everyone.

At difficult times these issues can often be forgotten.

This leaflet aims to raise your awareness of some of these issues and gives you information about how to get help if these issues affect you.

Certain psychiatric drugs can be dangerous in pregnancy; so talk to your care coordinator if you are pregnant or thinking about it.

Some psychiatric drugs can cause sexual side effects e.g. erectile dysfunction, lack of sex drive. Please talk to your care coordinator if these are affecting you.

Where can I get more information?

If you have any concerns talk to your care coordinator or one of the doctors in our team.

You can also get support from the following places:

- GP surgery
- Unity Sexual Health Services
www.unitysexualhealth.co.uk

This website can tell you where your nearest family planning clinics, STI clinics are and how to contact them.